

■ **Maine**

Fresh picked More than 17,000 state residents age 60 and older will receive \$50 worth of fresh, locally grown fruits and vegetables during the 2009 growing season through the Maine Senior FarmShare Program. Individuals with annual income up to \$20,036 and couples with income up to \$26,995 are eligible to sign up for a free seasonal share of produce from one of about 140 participating farmers statewide.

■ “This is a great way for state residents to save on grocery costs while eating good, nutritious, healthy food,” says Nancy Kelleher, AARP state director. ■ To sign up for a share or to be placed on a waiting list, call your local Area Agency on Aging at 1-877-353-3771 toll-free.